

# IS SOMEONE HURTING YOU?

- ✚ Does your partner put you down and make you feel ashamed?
- ✚ Do they tell you what to do and who you can see?
- ✚ Are they threatening you or your family?
- ✚ Have they ever pushed or hit you, or forced you to have sex?

If you answered YES to even one of these questions, your partner is abusive!

There is NO EXCUSE for Domestic Violence.

To get help, call **1-800-500-1119**



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